

AnimónComplex®

Nutraceutical

Ebiotec

Antianemic
Energizing
Pro-metabolic



Data Sheet

BRAND NAME
AnimónComplex®

MANUFACTURER
EuroEspes Biotechnology S.A.
(EBIOTEC).

NATIONAL CODE (SPAIN)
182738.8

ORIGIN
Chenopodium quinoa.

PRODUCT
Chenopodium quinoa, iron in the form of ferrous bisglycinate, folic acid, and vitamin B₁₂ in the form of cyanocobalamin.

COMMERCIAL PRESENTATION
Bottle with 100 vegetable capsules.

RECOMMENDED DOSE
1 capsule/day.
Recommended treatment for a minimum of 3 months.

What is Animón Complex?

AnimónComplex® is a nutritional supplement composed of 100% natural quinoa, that combines nutritional supplement obtained from the species *Chenopodium quinoa*, that combines the benefits of iron, folic acid and vitamin B₁₂.

Composition

Quinoa is rich in essential amino acids, complex carbohydrates, fiber and other nutrients. Vegetal proteins of high nutritional value. Biological properties of iron, folic acid and vitamin B₁₂.

Reference Analysis per 100 g

PROTEINS: 14%		LIPIDS			
Amino acids %		Total Fatty Acids		VITAMINS	
GLUTAMIC ACID	1.9	SATURATED	0.7 g	BETAINE	630.0 mg
ASPARTIC ACID	1.1	MONOUNSATURATED	1.6 g	CHOLINE, TOTAL	70.20 mg
ARGININE	1.1	POLYUNSATURATED	3.3 g	VITAMIN A	14.0 mg
LEUCINE	0.8	22:6 N-3 (DHA)	0.1 g	TOCOPHEROL, GAMMA	4.6 mg
PROLINE	0.8	MINERALS		VITAMIN E (ALPHA-TOCOPHEROL)	2.4 mg
LYSINE	0.8			NIACIN	1.5 mg
GLYCINE	0.7	POTASSIUM	563.0 mg	PANTOTHENIC ACID	0.8 mg
VALINE	0.6	PHOSPHORUS	457.3 mg	VITAMIN B ₆	0.5 mg
PHENYLALANINE	0.6	MAGNESIUM	197.3 mg	THIAMINE	0.4 mg
SERINE	0.6	CALCIUM	47.0 mg	TOCOPHEROL, DELTA	0.4 mg
ALANINE	0.6	SODIUM	5.0 mg	RIBOFLAVIN	0.3 mg
ISOLEUCINE	0.5	IRON	4.6 mg	CAROTENE, ALPHA	0.1 mg
THREONINE	0.4	ZINC	3.1 mg	TOCOPHEROL, BETA	0.1 mg
HISTIDINE	0.4	MANGANESE	2.0 mg	FOLATE, TOTAL	184.0 mcg
METHIONINE	0.3	COPPER	0.6 mg	CAROTENE, BETA	8.0 mcg
TYROSINE	0.3	SELENIUM	8.5 mcg	CRYPTOXANTHIN, BETA	1.0 mcg
CYSTEINE	0.2	DIETARY FIBER 7.0 g		CARBOHYDRATES 64.2 g	
TRYPTOPHAN	0.2				

Note: For health professionals only

The information contained in this data sheet is directed to health professionals.

COMPOSITION (per 1 capsule)

QUINOA* (<i>Ch. quinoa</i>)	250 mg
Iron** (Ferrous bisglycinate)	14 mg
Folic acid** (Pteroylmonoglutamic acid)	200 µg
Vitamin B12** (Cyanocobalamin)	2.5 µg

*PPRODUCT OF NATURAL ORIGIN NON GMO.

**100% of Nutrient Reference Values (NRV)

NUTRITIONAL ANALYSIS

CONTENT WEIGHT	340 mg
ENERGY VALUE	3.97 kJ 0.94 kcal
TOTAL FATS OF WHICH SATURATES	15.7 mg 3 mg
TOTAL CARBOHYDRATES OF WHICH SUGARS	169.7 mg 7 mg
PROTEIN	30.8 mg
SALT	0.04 mg

Indications

Main benefits: AnimónComplex® fights anemia, increases brainpower, boosts psychological function and reduces the levels of homocysteine in blood.

Other benefits: AnimónComplex® favors the process of cell division, reduces tiredness and fatigue, maintains visual function in optimal conditions, and promotes the growth of maternal tissues during pregnancy.

Iron, folic acid and vitamin B₁₂, healthy properties: The combination of these 3 nutrients promotes:

- The formation of red blood cells.
- The formation of hemoglobin and the transport of oxygen around the body.
- The functioning of the nervous system.
- Psychological and cognitive function.
- Cognitive development in children.
- The metabolism of homocysteine.
- The cell division process.
- The functioning of the immune system.
- Energy metabolism.
- The reduction of tiredness and fatigue.
- The optimal maintenance of bones, teeth, skin and nails.
- The synthesis of amino acids.
- Maintenance of visual function in optimal condition.
- The growth of maternal tissues during pregnancy.

Nutritional properties

1. *Chenopodium quinoa* is the structural base of AnimónComplex®. Quinoa is rich in essential amino acids, complex carbohydrates, fiber and other nutrients.
2. Quinoa has a variable content in proteins of high biological value, which can vary between approximately 14 and 22%. According to the FAO, quinoa is considered to be the only food of plant origin that provides all the essential amino acids. The absence of gluten makes quinoa a suitable option for celiacs.
3. Quinoa fats are predominantly unsaturated and are composed of linoleic acid (omega 6), oleic acid (omega 9) and alpha-linolenic acid (omega 3), and other lipids.
4. Carbohydrates are mainly composed of starch. Fiber is an important component of quinoa, thus its intake is another way to increase the supply of fiber in the diet.
5. The mineral content of quinoa includes calcium, iron, potassium, magnesium and zinc. Quinoa is also a good source of vitamin E, riboflavin (vitamin B₂), and vitamin C.

Precautions

Not suitable for persons allergic to any of its ingredients. Do not exceed the recommended daily dose. Keep out of the reach of children. Should not be used as a substitute for a balanced diet.

Does not contain gluten or additives.

WHAT IS A NUTRACEUTICAL?

Nutraceuticals are products derived from natural sources whose nutritional and functional characteristics provide benefits to help improve health and therefore reduce the risk of suffering diseases; they may be combined with other active ingredients or exogenous nutrients such as vitamins, minerals, antioxidants, fatty acids, etc.; however, this type of products, which cover a wide range of possibilities, should be taken as part of a healthy, balanced diet and never as a replacement for it.

General Health Register
Nº: 26.06671/C



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Ebiotec
EuroEspes Group

ISO 9001 CERTIFIED COMPANY

OUR OWN MANUFACTURING PROCESSES:

Animón Complex® is a nutritional supplement belonging to the vegetal line of nutraceuticals developed and manufactured by EuroEspes Biotechnology S.A. (Ebiotec).

The nutraceutical bioproducts developed at Ebiotec by the application of non denaturing biotechnological processes retain all the biological properties of their natural sources (of marine, vegetal or animal origin). All Ebiotec's products are supported by preclinical and clinical scientific documentation, have a clearly prophylactic focus, and contribute high therapeutic value in various health problems (disturbance of lipid metabolism, arteriosclerosis, neurodegenerative diseases, cardio- and cerebrovascular disorders, immune system dysfunction).